

## Art, Dance, and Music

### Acrylic Painting for Beginners - Levels I & II

**COURSE #: S1114**

**FEE: \$ 89**

Have fun learning the fundamentals of painting with Professional Artist Greg Rice as your instructor! You will be taught the use of tonal studies (b/w values), how to mix colors, which brushes to use, etc. by creating small studies of landscapes, seascapes, and figure work to illustrate these principles. Supply list will be passed out at the first class.

**Instructor: Greg Rice, Professional Artist, Location: Marietta High School, Adults, 6:30-8 p.m.(Apr. 12-May. 24) (7 Tue)**

### Basic Fox Trot, Waltz, and Rumba

**COURSE #: S1116**

**FEE: \$ 99**

Wanted: People who want to learn to dance! There is no better time than now. You will learn the basics of Fox Trot, Waltz, and Rumba... three dances that are a must for weddings, cruises, or out dancing on a Saturday night. You will find yourself comfortably gliding around the dance floor in no time doing Fox Trot and Waltz...and then slowing it down with the Rumba, a slower popular Latin dance. This class offers something for everyone... learning to dance, find new friends or a way to increase your social skills while having a lot of fun! Partner suggested, but not required. Leather sole shoes are recommended. A discount is available for partners, first person is \$89, second is \$70.

**Instructor: Cheryl Sutherland, Location: Marietta High School, Adults, 8-9 p.m.(Apr. 12-May. 24) (7 Tue)**

### Beginning Belly Dance Level 1

**COURSE #: S1117**

**FEE: \$ 99**

Do you want to whittle your middle and have fun while doing it? Join this popular class and learn to belly dance! Belly dance is a flowing, feminine dance that helps improve your flexibility, grace, posture and creative self-expression. This beginning level class will focus on dance technique and isolation with some light choreography. Register early, class is limited to 8 students.

**Instructor: Rania Sibaal, Location: Marietta Middle School, 18+, 6-7 p.m.(Apr. 14-May. 26) (7 Tue)**

### Beginning Tap

**COURSE #: S1120**

**FEE: \$ 99**

Beginning tap is a great way to stay in shape and get in some great exercise. Not only is tap fun but also a great way to get rid of frustration and tension. Tap has made a huge resurgence not only on Broadway but in local theatre as well. With a little practice you may be able to audition and begin a brand new career! This is the only dance form that allows you to look like a professional dancer without years of training. Tap shoes are nice but not necessary if you are just giving tap a try-out.

**Instructor: Donna Lipscomb, Location: Marietta Middle School, Adults, 6:30-7:30 p.m.(Apr. 12-May. 24) (7 Tue)**

### East Coast Swing and Jitterbug

**COURSE #: S1125**

**FEE: \$ 99**

From Big Band's Jitterbug to today's popular East Coast Swing, you will be set to hit the dance floor with the hottest moves after completing this class! It's fun, it's fast, and you'll have a blast. Come see what "Dancing with the Stars" do to look so good on the dance floor... and you will be looking good too! Partner preferred but not required. A discount is available for partners, first person is \$89, second is \$70. Leather soles shoes are recommended.

**Instructor: Cheryl Sutherland, Location: Marietta High School, Adults, 7-8 p.m.(Apr. 12-May. 24) (7 Tue)**

### Instant Piano for Hopelessly Busy People

**COURSE #: S11080**

**FEE: \$ 69**

Secrets your piano teacher never told you are revealed in this 3-hour workshop. If you yearn to experience the joy of playing piano, but you don't want years of weekly lessons, this short course is for you! In just a few hours you can learn enough secrets of the trade to make piano playing a part of your life. How is it done? Typical piano lessons teach you note reading, but piano professionals use chords. You will learn all the chords needed to play any pop song in this one session: any song, any style, any key. And you will get a healthy dose of insider secrets. If you already know your way around a keyboard a little, you know enough to enroll in this workshop. If not, send a S.A.S.E. to Michael McMillan, 120 Summer Lane, Covington GA 30016 for a free pamphlet that explains the basics.

**Instructor: Michael McMillan, Location: Marietta High School, Teens - Adults, 6-9 p.m.(Apr. 12) (1 Tue)**

### Intermediate Tap

**COURSE #: S1133**

**FEE: \$ 99**

After you have mastered the basics of tap, join us for more advanced routines and even more thrilling combinations.

**Instructor: Donna Lipscomb, Location: Marietta Middle School, Adults, 7:45-8:45 pm (Apr. 12-May. 24) (7 Tue)**

**Line Dancing****COURSE #: S1188****FEE: \$ 99**

Get fit while learning the latest and greatest line dances! A fun way to keep your self in shape and guaranteed to make you the hit of the party when you step in line and move to the beat. This class includes the most popular "party" dances as well as country and salsa dances. No skills necessary. Both left feet welcome!

**Instructor: Donna Lipscomb, Location: Marietta High School, Adults, 6:30-7:30 p.m.(Apr. 14-May. 26) (7 Thur)**

**Watercolor For Beginners to Intermediate****COURSE #: S1190****FEE: \$ 129**

Learn different techniques in watercolor painting such as landscape and Chinese brush painting. Use techniques to create beautiful finished paintings, greeting cards, and memorable watercolor journals. Supply list will be handed out at the first class.

**Instructor: Laura Dewberry Surace, Location: Marietta High School, Adults, 6:30-8:30 p.m.(Apr. 12-May. 24) (7 Tue)**

## Career Development and Technology

### An Aviation Overview: Getting Your Pilot's License

**COURSE #: S11189**

**FEE: \$ 99**

This course is designed to introduce the student to flying. It will cover the overall picture of getting your pilot's license, which will include: theory of flight, weather, weight and balance computations, navigation, bad and fair weather flying (IMC & VFR - also info on getting one's instrument rating), time and cost savings tips, and a "field trip" for some "hands on experience" with a coupon for that first ride in an airplane. This class WILL NOT apply toward ground school or flight training, but will give you some information BEFORE you sign on the dotted line. This is taught by a private pilot with 20+ years as an FAA certified AMT and holds a masters degree in technology management.

**Instructor: Scott Goff, Location: Marietta High School, 16+, 6:30-8:30 p.m.(Apr. 12-May. 17) (6 Tue)**

### Basic Excel

**COURSE #: S11192**

**FEE: \$ 159**

Do you want to learn the basics of Excel? You will learn basic spreadsheet skills, work with data in worksheets, enter and edit data, use formulas, basic charting and much more. The course is designed for people with basic computer skills.

**Instructor: Joann Campbell, Location: Marietta High School, Adults, 6-9 pm(Apr. 14-May. 26) (7 Thur)**

### Basic Project Management

**COURSE #: S11194**

**FEE: \$ 129**

Take this course to add an invaluable knowledge base to your resume. It is designed for individuals who are going to begin or are currently doing basic project management and will cover all the topics necessary to be successful. Your instructor is a registered Professional Project Manager with over 30 years experience in the field.

**Instructor: Terry Brettner, PMP, Location: Marietta High School, Adults, 6:30-8:30 p.m.(Apr. 12-May. 17) (6 Tue)**

### Breaking into Fiction Writing

**COURSE #: S11195**

**FEE: \$ 49**

Want to be the next J.K. Rowling, Danielle Steele, James Patterson, or Stephen King? Discover what it takes to be a successful fiction author. Learn how to get published and hook your readers, develop characters, write dynamic dialogue, understand copyright laws and contracts, and generate powerful publicity. This course will dispel myths about writing/publishing and teach you how to sell the film/TV, gaming, foreign and licensing rights. Know when to get a literary agent, how to increase book sales, maximize the Internet, build a loyal fan base, and much more. Your instructor began winning writing contests in 1992. Since 1999 every word he has written has sold! Kick start your writing career with a veteran author. Fee includes book.

**Instructor: Bruce Gehweiler, Location: Marietta High School, Adults, 7-9 p.m.(Apr. 12-Apr. 19) (2 Tue)**

### Computing For Seniors

**COURSE #: S11207**

**FEE: \$ 120**

Welcome to a computer class designed just for seniors! We will start with turning the computer on and proceed at your own pace. There will be discussions about basic computer commands and terminology. The instructor will help you set up a free email account if you do not have one. You will be able to answer that email from your grandkids! These skills will be taught in a small classroom setting with patience and understanding. Open question/answer sessions each class to answer your computing questions. You will even receive a cheat sheet to take home. Your instructor is a Training Manager for Home Depot.

**Instructor: Barbara Rushing, Location: Marietta High School, 50+, 6:30-8:30 pm(Apr. 14-May. 19) (6 Thur)**

### Event Planning Basics

**COURSE #: S11215**

**FEE: \$ 99**

Are you the "go to" person for every family event and party? Do friends and co-workers constantly seek your advice when planning a get together? You could be getting paid for your creative ideas and lavish decorations! Learn the ins and outs of being an event planner, how to write your business plan, name and brand your business, legal aspects, inventory and how to get the paying customer and keep them happy! Your instructor, who has her own business and years of experience, will help you start a resource guide for vendors and companies willing to assist you in your new career.

**Instructor: Donna Lipscomb, Location: Marietta High School, 18+, 7:45-9 p.m.(Apr. 14-May. 26) (7 Thur)**

## **From Employee to Entrepreneur**

**COURSE #: S11224**

**FEE: \$ 79**

Learn from an entrepreneurship expert on how to promote yourself from employee to entrepreneur. If you have been laid off or if you dislike your job, this workshop is for you! You will leave this workshop with a working plan on how to use the talents you are selling for your employer to become your own entrepreneur, independent contractor, or small business owner. Topics of discussion include finding and refining one skill that you can sell, traits of an entrepreneur, and creating seasonal sources of income.

**Instructor: Karen Ervin, Location: Marietta High School, Adults, 6-7:30 p.m.(Apr. 12-May. 10) (5 Tue)**

## **Introduction to QuickBooks**

**COURSE #: S11230A**

**FEE: \$ 89**

A step-by-step process of opening a new company with all relevant information required. The process will include setting up customers for invoicing, receiving deposits and posting to account receivables, setting up vendors to pay bills, writing checks, setting up inventory, and setting up employees for payroll. It will also give you a review of various reports and an overview of financial statements. The instructor is a CPA with over 30 years of experience in Accounting and tax preparation.

**Instructor: Ralph Beasley CPA, Location: Marietta High School, Adults, 6:30-8:30 p.m.(Apr. 14-Apr. 28) (3 Thur)**

**Course #: S11230B**

**Instructor: Ralph Beasley, CPA, Location: Marietta High School, Adults, 6:30-8:30 p.m.(May. 12-May. 26) (3 Thur)**

## **Introduction to Voice Overs**

**COURSE #: S11234**

**FEE: \$ 79**

Improve your speaking skills! Your voice is your signature, a powerful communication tool. Tone, power, cadence all affect your voice skills. Learn different breathing techniques for control examine pivot levels, enhance enunciation, pronunciation and pacing for maximum marketing and appeal. This high energy class is taught by a casting director with over 30 year of experience, using real scripts to practice techniques. Discover backstage tips about agents, auditions and show biz in Atlanta. Informal and fun!

**Instructor: Lori Nelson, Casting Director, Location: Marietta High School, 18+, 6:30-9:30 p.m.(Apr. 14) (1 Thur)**

## **Leadership Development Seminar**

**COURSE #: S11238A**

**FEE: \$ 79**

Simply put, leadership development is an intrinsic behavior or effort (hopefully, planned in nature) that enhances the learner's capacity to lead oneself, other individuals, groups and organizations. A critical skill set for leaders is the ability to manage their own learning. If you are a highly motivated, self-directed leader you can gain a great deal of learning and other results from using guidelines and materials in this seminar. Your instructor has over 20 years of leadership experience in growth and development.

**Instructor: Duane Beck, Location: Marietta High School, Adults, 7-9 p.m.(Apr. 12-Apr. 27) (3 Tue)**

**Course #: S11238B**

**Instructor: Duane Beck, Location: Marietta High School, Adults, 7-9 p.m.(May. 10-May. 24) (3 Tue)**

## **Medical Billing 101**

**COURSE #: S11241**

**FEE: \$ 129**

Learn the basics of physician-based medical billing. This course will give you clear and practical guidelines. It is an introduction to the job responsibilities and basic processes comprising the medical billing world. Experience hands on case studies and application tools offering you practice on actual forms to build confidence in your new knowledge and skills. This course is a resource to start you off right on your journey to becoming a medical billing professional. Your instructor is the billing supervisor of a local health department with over 30 years of billing experience. Books may be purchased at the first class (\$40).

**Instructor: Mimi Franklin, CPC, Location: Marietta High School, 18+, 6:30-8:30 p.m.(Apr. 14-May. 26) (7 Thur)**

## **PowerPoint 2003**

**COURSE #: S11256**

**FEE: \$ 129**

Learn how to create an electronic presentation for work, school, or business. You will be able to create a chart, use clip art or import images, and prepare your presentation for delivery. Your instructor is a Training Manager for Home Depot.

**Instructor: Barbara Rushing, Location: Marietta High School, 18+, 6:30-8:30 p.m.(Apr. 12-May. 17) (6 Tue)**

### **ServSafe® - Food Safety Training and Certification**

**COURSE #: S11271**

**FEE: \$ 175**

Classes are open to all individuals or businesses interested. The National Restaurant Association Educational Foundation ServSafe® program is the industry leader for food safety education. This nationally recognized certification is valid for five years. Textbook is included in the fee. Register early to receive study guide.

**Instructor: Marian Freeman, Location: 145 Dodd Street Training Room, 16+, 7a.m.-3 p.m.(Apr. 20-Apr. 21) (1 Wed & 1 Thur)**

### **Social Media Marketing**

**COURSE #: S11272**

**FEE: \$ 89**

Learn how to use Twitter, LinkedIn, Facebook, and other social media outlets to market your personal skills and your business. By using a few simple techniques, you can expand your marketing reach with very little time and money. This class is for both individuals and businesses. No prior experience is necessary.

**Instructor: Karen Ervin, Location: Marietta High School, 18+, 7:45-9 p.m.(Apr. 12-May. 10) (5 Tue)**

### **The Christian Entrepreneur, Build a Christ Centered Business**

**COURSE #: S11280**

**FEE: \$ 59**

Become an important part of a new movement to rebuild America's economy by starting a Christ-centered business. The course will include bible based wisdom on how to create a bible-based business plan and become a Christian based leader. Prayer for guidance from the Lord in decision making, making money God's way, putting Christ in charge, how to effectively reach out to your community, discerning which charities to support, creating long-term wealth, and, positively impacting lives. Your instructor is a multiple entrepreneur, author and seminar leader who will show you how to improve your life by drawing closer to God. Course fee includes book.

**Instructor: Bruce Gehweiler, Location: Marietta High School, Adults, 16+, 7-9 p.m.(May. 3-May. 10) (2 Thur)**

### **Yikes, I am Over 40 and Having One Heck Of a Time Getting A Job!**

**COURSE #: S11284**

**FEE: \$ 129**

SO YOU ARE OVER 40 AND FINDING IT HARD TO GET A JOB? This class will help you understand the age bias issues and how to overcome them. You will learn how to write a marketing driven resume that gets results, and how to use on-line social networks effectively with emphasis on LinkedIn-Facebook and Twitter. This will be an interactive course so be prepared to be honest, open, and ready to change your approach-after all, "the more you do what you always do, the more you get what you always get!"

**Instructor: Mikal Jackson, Location: Marietta High School, Adults, 7-9:30 p.m.(Apr. 12-May. 10) (5 Tue)**

## History and Languages

### French I

**COURSE #: S1132**

**FEE: \$ 129**

Basic French for travelers. Learn to speak French the fast and fun way with some basic grammar and helpful conversation to get you ready for your trip to France. Please bring a copy of Learn French the Fast and Fun Way, 3rd Edition by Barron's to the first class.

**Instructor: Lucia Frait, Location: Marietta High School, 16+, 7-9 p.m.(Apr. 12-May. 24) (7 Tue)**

### Spanish for Beginners

**COURSE #: S11105**

**FEE: \$ 159**

How would you like to learn how to communicate in Spanish while having a fun time? This class is for you. You will learn in a fun and an effective way to carry on a conversation in the workplace and in the community. Emphasis will be placed on everyday conversation. Please bring a copy of Spanish Now Level 1, available at your local bookstore.

**Instructor: Rosa Gambetta, Location: Marietta High School, 18+, 6-7:30 p.m.(Apr. 12-May. 24) (7 Tue)**

### Spanish Level II

**COURSE #: S11107**

**FEE: \$ 159**

This course is designed for those who have a basic foundation from Spanish I. There will be more emphasis on grammar, vocabulary, and sentence structure. Please bring a copy of Spanish Now Level 2 available at your local bookstore. **Instructor: Rosa Gambetta, Location: Marietta High School, 18+ 7:30-9:00 p.m.(Apr. 12-May. 24) (7 Tue)**

## Home and Garden

### Basic Landscape Design

**COURSE #: S11345**

**FEE: \$ 69**

Be ready for spring. You will learn how to create your own personal landscape design. We will cover many areas of residential design - from plant placement to actual planting. You will learn where to start and how to prioritize. You will learn what works and what doesn't and why. Your yard will be the envy of the neighborhood.

**Instructor: Mary Trippe, Location: Marietta High School, Adults, 7-8:30 p.m.(Apr. 12-Apr. 26) (3 Tue)**

### How to Decorate With Imagination

**COURSE #: S11355**

**FEE: \$ 89**

Learn budget decorating ideas that will teach you about decorating styles and color palates. From beginning to intermediate level decorating you will learn about wall color and how to choose paint colors, window treatments, placement of pictures, and much more. The class will travel to one lucky student's house for the last class to experience what they have learned and to see how it can all be pulled together in a practical way. The instructor for this class has been featured on HGTV and done magazine work in this field.

**Instructor: Jan Britt, Location: Marietta High School, Adults, 6:30-8:30 p.m.(May. 10-May. 24) (3 Tue)**

### Let Us Fluff Your Stuff - Repurposing Items

**COURSE #: S11360**

**FEE: \$ 160**

This course is designed to challenge students to repurpose items for their own home decor, item functionality and for re-sale. Students will select an item of their choice, develop a plan and work on their project. Students will work on their project in class with the guidance and assistance of the instructors. The class will explore other ways to repurpose items. This class is group-oriented and requires the student to be an active member in class.

**Instructor: Patrick Fulbright, Location: Marietta High School, Adults, 7-9 p.m.(Apr. 12-May. 26) (7 Tue & 7 Thur)**

### Plumbing Repair

**COURSE #: S11372**

**FEE: \$ 99**

Never pay a plumber again! Plumbing repairs are never easy but after this class they will be simple. All aspects of repair on faucets, toilets, and water heaters will be covered in this class taught by a Master Plumber with two decades of experience in plumbing. **Instructor: Lindsey Baine, Location: Marietta High School, 18+, 7-9 p.m.(Apr. 14-May. 5) (4 Thur)**

### Plumbing 101 for Women

**COURSE #: S11373**

**FEE: \$ 49**

Back by popular demand! Guaranteed to save you money and give you the confidence to fix what you can and know when a plumber, if called, is taking advantage of you. This class is hands on, informative and covers faucet repairs, tub and shower issues, toilet repairs, disposal and simple drain cleaning, and system plumbing checks.

**Instructor: Lindsey Baine, Location: Marietta High School, 18+, 7-9 p.m.(May. 12-May. 19) (2 Thur)**

## Hobbies and Past Times

### An International Cooking Class

**COURSE #: S11402**

**FEE: \$ 169**

How would you feel about traveling the world without leaving the comforts of your home? In this unique cooking class, you will learn recipes from various parts of the world that are easy to make and share with your family. In the demonstrative class, the instructor will also share her travel stories and the students will learn the origination/history behind each dish that they prepare. Everyone will get to enjoy a full meal at the end of each class. Come prepared to explore the world through your pallets!

**Instructor: Sucheta Rawal, Location: Marietta High School, 18+, 7-9 p.m.(Apr. 12-May. 24) (7 Tue)**

### Antiques and Jewelry Road Show

**COURSE #: S11403**

**FEE: \$ 59**

Discover secrets antique dealers don't want you to know, how to shop shows, explore eBay and yard sales Topics include negotiation, hallmarks and trademarks and the C.H.I.O. theory. Taught by an appraiser and gemologist, you will learn to evaluate your collectibles and heirlooms, including interesting folklore and legends about your collections. Free appraisals are included. Do you have trash or treasure? Come and find out!

**Instructor: Lori Nelson, Antiques Appraiser and Gemologist, Location: Marietta High School, Adults, 6-9 p.m. (May. 12) (1 Thur)**

### Couponing

**COURSE #: S11418**

**FEE: \$ 79**

This course is designed to teach students to utilize the large savings opportunity of couponing. Included in this course is the natural extension of using the coupon savings in the running of a household. This will also include meal preparation, decorating and home maintenance. Bring 2-3 weeks of the Sunday paper. Please do not cut out any coupons

**Instructor: Randi Fulbright, Location: Marietta High School, Adults, 7-8 p.m.(Apr. 12-May. 24) (7 Tue)**

### Intro. to Digital Photography and PrintShop

**COURSE #: S11434**

**FEE: \$ 129**

If you would like to improve your Digital Photography and learn the essentials of PhotoShop - then this course is for you! This class will be more geared to SLR owners, but many of the basics will be covered for point and shoot owners as well. We will begin with Digital Photography basics, expand the scope of the class as experience allows and then move into PhotoShop and processing your images. Always bring your camera equipment, your camera's manual and comfortable shoes as we will do some walking around and shooting from time to time.

**Instructor: Adam Belanger, Location: Marietta High School, 14+, 6:30-8:30 p.m.(Apr. 12-May. 24) (7 Tue)**

### Just Soups and Salads

**COURSE #: S11436**

**FEE: \$ 169**

Jump start this year with a grasp on your health. Learn to make simple, tasty, and nutritious meals that will help you lose weight and be healthy. The focus of this class is on hearty soups, stews, and salads that can be eaten as a full meal. Recipes are inspired from all over the globe to keep the menu interesting. You will go home with recipes to share with your family. Class is demonstrative but you will participate in the preparations. Everyone will enjoy a full meal at the end of each class.

**Instructor: Sucheta Rawal, Location: Marietta High School, 18+, 7-9 p.m.(Apr. 14-May. 26) (7 Thur)**

### Needle Arts

**COURSE #: S11442**

**FEE: \$ 99**

Bring needle crafts into your heart and home. Make your home more welcoming and comfortable with needle art projects that will be cherished for many years. Learn to sew, knit, crochet, or tat. Instructions will be given on how to read and use patterns. Learn which fibers are best for your projects. Patterns will be included. A supply list will be provided before class starts.

**Instructor: Cyrstal Perry, Location: Marietta High School, 16+, 6:30-8:30 p.m.(Apr. 12-May. 24) (7 Tue)**

## Personal Enhancement

### Defensive Driving

**COURSE #: S11750**

**FEE: \$ 50**

Take advantage of the state law creating a 10% discount on your car insurance if you complete this course sponsored by the National Safety Council. Three years safe driving record required for discount (check with your insurance agent for specific details). This is an interesting, fast-paced course.

**Instructor: Ordale Randall, Location: Marietta High School, Adults, 9 a.m.-3 p.m.(Apr. 23) (1 Sat)**

### Financial Freedom

**COURSE #: S11759**

**FEE: \$ 59**

Tired of debt? Despise budgeting? Want to get rid of ALL your debt as quickly as possible? This class will teach proven debt-elimination strategies, cash flow techniques and budgeting secrets. It will also guide you in setting achievable financial goals, teach you how to make money work for you, and illustrate why debt in retirement can be so dangerous. We will also teach techniques on sharing this knowledge with your children and/or grandchildren. Each participant will receive their own personalized written plan to guide them out of debt, while building a large retirement savings and protecting their retirement.

**Instructor: Mark Fricks, Location: Marietta High School, Couples pay one fee, 7-9 p.m.(Apr. 12-May. 3) (4 Tue)**

### Getting the Love You Want

**COURSE #: S11780**

**FEE: \$ 39**

Would you like to have a richer and more satisfying relationship? Learn how to develop more compassion and communicate more effectively so that you can resolve the differences in your relationship and create a sustainable partnership.

**Instructor: Joan Miller, Location: Marietta High School, 18+, 7:30-9:30 p.m. (May. 3) (1 Tue)**

### Journey Through Your Spirit

**COURSE #: S11804**

**FEE: \$ 140**

Have you ever wondered what your purpose is on the Earth? Have you ever thought about how you can tap into your strengths and talents in order to serve others? You may not be aware of the strengths and talents you possess. This course will help you to realize your potential, discover your strengths and talents and to begin to fulfill the purpose for your life. After all, true fulfillment begins when you realize what it is that you are made to do and how you can begin doing just that. Join us as we discover the best that lies within you.

**Instructor: Tonjie Clark, Location: Marietta High School, 16+, 6-8 p.m.(Apr. 12-May. 26) (7 Tue & 7 Thur)**

### Personal Safety and Self Defense (The Women's Course)

**COURSE #: S11806**

**FEE: \$ 49**

Make an investment in your personal protection. Learn to recognize potentially dangerous situations, to avoid confrontation and, if the situation does arise, how to fight for your life. Get up to date safety and awareness tips from the presentation and discussion. Increase your self-confidence by learning a few basic yet very effective techniques based on the Dynamic Self Defense International system. No athletic ability required.

**Instructor: Kathy Lynn, Location: Marietta High School, 13+, 6:00-8:30 p.m.(May. 5) (1 Thu.)**

### Personal Safety For Women

**COURSE #: S11807**

**FEE: \$ 69**

This course is designed for females only (15+). It focuses on empowering the student to defend themselves in the event of a physical or sexual attack. Instructor has 25 years experience in Martial Arts training and self defense instruction.

**Instructor: Jerry Knox, Location: Marietta High School, 15+, 7-8:15 p.m.(Apr. 14-May. 26) (7 Thur)**

## **Retirement Re-Defined**

**COURSE #: S11818A**

**FEE: \$ 79**

With a volatile stock market becoming the norm, many are left wondering whether retirement will be anything like what they had imagined. The need for account growth, taking withdrawals, longevity risk, and investment strategy all pose real challenges for retirees today. Careful contemplation is needed regarding future financial stability, the need to work longer, gifting, social security, LTC, survivorship and more. The class is designed to take a close look at all of these issues. Spouses may attend at no charge.

**Instructor: Catherine Turner, Location: Marietta High School, Adults, 7-9 p.m.(Apr. 21) (1 Thur)**

**Course #: S11818B**

**Instructor: Catherine Turner, Location: Marietta High School, Adults, 7-9 p.m.(May. 24) (1 Tue)**

## **Starting Over After . . .**

**COURSE #: S11830**

**FEE: \$ 99**

Have you had major challenges in your life? The death of a loved one? Health problems? A financial crisis? Downsized? Divorce? Perhaps you are now an empty nester. Get renewed and revived with this class. Assess your life and circumstances. Learn to evaluate those patterns/habits that are dysfunctional. Determine your strengths and weakness. Join us and get a new lease on life!

**Instructor: Shelia Jones, M.Ed, Location: Marietta High School, Adults, 6-8 p.m.(Apr. 12-May. 24) (7 Tue)**

## **What You Need to Know Before You File for Divorce**

**COURSE #: S11890A**

**FEE: \$ 49**

This seminar is designed for anyone who is contemplating filing for divorce but does not know what to expect. Covered are all topics related to obtaining a divorce in Georgia, including alimony, child support, custody, visitation, property division, contempt and modification. Learn both legal and practical ways to protect yourself, your children and your property. Taught by a practicing family law attorney with 18 years of experience.

**Instructor: Beverly Cohen, Location: Marietta High School, Adults, 6:30-9 p.m.(Apr. 12) (1 Tue)**

**Course #: S11890B**

**Instructor: Beverly Cohen, Location: Marietta High School, Adults, 6:30-9 p.m.(May. 3) (1 Tue)**

**Course #: S11890C**

**Instructor: Beverly Cohen, Location: Marietta High School, Adults, 6:30-9 p.m.(May. 24) (1 Tue)**

## **Women Face Unique Financial Risks**

**COURSE #: S11896A**

**FEE: \$ 79**

Women face much more financial risk than men. As such, financial planning for women requires different assumptions and considerations than for men. Designed for women only, this class touches upon financially-related issues for the purpose of bolstering the confidence of women in their pursuit to build wealth and set a plan in motion for their later years in life.

**Instructor: Catherine Turner, Location: Marietta High School, Adults, 7-9 p.m.(Apr. 12) (1 Tue)**

**Course #: S11896B**

**Instructor: Catherine Turner, Location: Marietta High School, Adults, 7-9 p.m.(May. 12) (1 Thur)**

## Sports, Fitness, and Recreation

### Adult Kickboxing and Conditioning

**COURSE #: S11959**

**FEE: \$ 159**

Get in shape like a pro fighter! Learn how to kick box while working on flexibility, strength, speed, and endurance. Get in the best shape of your life and learn real fighting techniques from a certified MMA Conditioning Coach!

**Instructor: Chris Rawdon, Location: Marietta High School, 14+, 6-7 p.m.(Apr. 12-May. 26) (7 Tue & 7 Thur)**

### Beginner Chess

**COURSE #: S11963**

**FEE: \$ 129**

Chess is considered one of the most popular games in the world. It is a wonderful sport and life-long activity that can be enjoyed by all. You may be aware that chess is a great game, easy to learn, and fun to play but did you know that playing chess is beneficial to your mind? Chess is a great way to exercise your brain, keep your mind active, and maintain your mental sharpness and clarity.

**Instructor: Momir Radovic, Location: Marietta High School, Adults, 6-7 p.m. (Apr. 12-May. 24) (7 Tue)**

### Golf (Beginning)

**COURSE #: S11964**

**FEE: \$ 159**

Small class with award-winning instruction on the basics of full swing, putting, and chipping. Golf clubs will be available for use during golf clinic. Register early; this popular class is limited to 12 students. All classes are located at the Marietta City Club golf course.

**Instructor: Dan Mullins, Location: Marietta City Club Golf Course, Adults, 6-7:30 pm(Apr. 14-May. 12) (5 Thur)**

### Fit Past Fifty

**COURSE #: S11970**

**FEE: \$ 129**

Do you sometimes wonder where the years went? If your body feels creaky or stiff, your joints sound like rice krispies, or you have love handles in more places than you have people to hold them, this class is for you! It combines all aspects of fitness with attention given to needs specific to seniors. Feel free to bring a mat and dumbbells if you have them - not required.

**Instructor: Kim Nash, Location: Marietta High School, age 50+, 6-7 p.m.(Apr. 12-May. 26) (7 Tue & Thur)**

### Yoga Class - All Levels

**COURSE #: S11987**

**FEE: \$ 99**

This yoga class is designed to cultivate strength, flexibility and an overall feeling of well being in mind, body and heart. Cindy combines instruction of proper body alignment with breath work so that your yoga practice is enhanced whether you are a beginner or experienced student. This class provides a noncompetitive, friendly and comfortable environment allowing you to relax and experience all the benefits that yoga has to offer.

**Instructor: Cindy Olah, Location: Sacred Garden Yoga - 369 Campbell Hill St, Marietta, Adults, 5:30-7 p.m.(Apr. 15-May. 27) (7 Fri)**

### Yogalates

**COURSE #: S11990**

**FEE: \$ 99**

Can't decide whether to try Yoga or Pilates? Try Yogalates instead! Yogalates is a highly effective form of mind/body connection that blends the flexibility, meditative and stretching elements of Yoga and Pilates. Strengthen your muscles and tone your abs with Pilates techniques of physical conditioning and the principles of body awareness while listening to music. Bring a mat, water and wear loose clothing.

**Instructor: Jenny Lee, Location: Marietta High School, Adults, 6:30-7:30 p.m.(Apr. 12-May. 24) (7 Tue)**

### Zumba Fitness

**COURSE #: S11995**

**FEE: \$ 129**

Ditch the work out and join the party! The Zumba program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program. You will achieve long term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Your instructor is Zumba certified. Wear comfortable clothing, smooth sole tennis shoes (no running shoes), bring water and a hand towel.

**Instructor: Ingrid Maldonado, Location: Marietta High School, Adults, 7-8 p.m.(Apr. 12-May. 26) (7 Tue & 7 Thur)**

## Just for Youth and Teens

### American Red Cross Babysitter's Class

**COURSE #: S11480**

**FEE: \$ 89**

Love children? Want to earn some extra spending money? Do you know the qualities and responsibilities needed to be a great babysitter? Learn how to interview for the job, responsible decision making, safety in the house and outside, how to handle an emergency or illness, bedtime issues and much more. There will be fun activities, discussions and real-life problem-solving situations. You will receive an American Red Cross Babysitter's certificate upon completion of this class. Bring a sack lunch. Register early, this popular class fills quickly.

**Instructor: Verdy O'Brien, Location: Marietta High School, Ages 11-15, 9 a.m-4 p.m.(May. 14) (1 Sat.)**

### Chess Club at Lockheed Elementary

**COURSE #: S11500**

**FEE: \$ 59**

Learn and play chess, one of the world's oldest and most challenging games. The club provides a unique opportunity for students to cultivate logical reasoning skills and have fun at the same time! A related event is the annual chess tournament, The Lockheed Open, where the school-wide champion for that year is crowned. Register early, the class maximum is 16 students. Available to Lockheed Elementary students only.

**Instructor: John Schroer, Location: Lockheed Elementary, 4-5 p.m.(Apr. 14-May. 18) (6 Wed)**

### E.A.G.L.E. Jr. Golf

**COURSE #: S11530A**

**FEE: \$ 120**

Students will learn the basic golf skills. They will also learn etiquette and life lessons such as respect, honesty, responsibility, and sportsmanship. All equipment will be provided. Register early; this popular class is limited to 20 students. This class is open to Westside students only.

**Instructor: EAGLE JR. GOLF, Location: West Side School, 3:30 p.m. - 4:30 p.m (Apr. 11-May. 16) (6 Mon)**

**Course #: S11530B** This class is open to MSGA & MCAA students only

**Instructor: EAGLE JR. GOLF, Location: MCAA, 4:15-5:15 p.m.(Apr. 12-May. 17) (6 Tue)**

### Tennis Clinic

**COURSE #: S11580A**

**FEE: \$ 140**

This clinic will teach your child overall tennis skills and strategy while focusing on fun and fundamentals. Children will play skill related games as well as competitions. Serving, volleying, overheads, lobs, ground strokes, and more will be taught and practiced. Wear tennis shoes and bring your racket and a water bottle. You may enroll for one or two day classes. Ages: K-6 Grades

**Instructor: Beth Graham, Location: Laurel Park Tennis Center, This class meets twice a week, 4:30- 5:30 p.m.(Apr. 11-May. 18) (6 Mon, 6 Wed)**

**Course #:S11580B**

**Fee: \$75**

**Instructor: Beth Graham, Location: Laurel Park Tennis Center, This class meets once a week, 4:30 pm - 5:30 p.m. (Apr. 11-May. 16) (6 Mon)**

**Course #:S11580C**

**Fee: \$75**

**Instructor: Beth Graham, Location: Laurel Park Tennis Center, This class meets once a week, 4:30 - 5:30 p.m.(Apr. 13-May. 18) (6 Wed)**

### Chess Club at MCAA

**COURSE #: S11510**

**FEE: \$ 59**

Learn and play chess, one of the world's oldest and most challenging games. The club provides a unique opportunity for students to cultivate logical reasoning skills and have fun at the same time! A related event is the annual chess tournament, the MCAA Open, where the school-wide champion for that year is crowned. Register early, the class maximum is 16 students. Available to MCAA & MSGA students only.

**Instructor: John Schroer, Location: MCAA, 4:30 - 5:30 p.m.(Apr. 14-May. 19) (6 Thur)**

## **Summer Enrichment Camps**

### **Aviation for Kids - Summer Camp**

**COURSE #: SU11488**

**FEE: \$ 100**

From architecture and structures to flying machines, rocketry, and UFOs, campers are sure to find areas which capture their interest and allow them to learn and have fun. The instructors are provided by the Museum of Aviation in Warner Robins. Ages: Rising 2nd-6th grade. Students are to bring a snack.

**Instructor: Antonio Figueras, Location: Hickory Hills Elementary, 9a.m. - 1 p.m.(Jun. 14-Jun. 23) (Tue & Thur , 4 days, 6/14, 6/16, 6/21,6/23)**

### **Drama for Kids - Summer Camp**

**COURSE #: SU11507A**

**FEE: \$ 100**

Is your child full of drama? Do they love to act and dream of being in the movies? Maybe your child is shy around others but you know they have a talent. Bring your child to Drama Camp! They will play drama games, do some acting, learn improvisation, perform a skit, make friends, and discover their creative side. The focus of the week will be on tapping into the creative side we all have, and gaining confidence in sharing with others. The week will end with a culminating performance by the students for parents and friends. Come join this Hickory Hills drama teacher for this drama journey. You won't be disappointed. Ages: Rising 3rd - 5th graders. Students bring a snack.

**Instructor: Mary Gagliardi, Location: Hickory Hills Elementary, 9a.m.-12p.m.(Jun. 13-Jun. 17), (Mon-Fri , 5 days)**

**Course #: SU11507B**

**Instructor: Mary Gagliardi, Location: Hickory Hills Elementary, 9a.m.-12p.m.(Jun. 20-Jun. 24) (Mon-Fri , 5 days)**

### **Drumming Up Some Fun - Summer Camp**

**COURSE #: SU11510A**

**FEE: \$ 100**

This is a week-long music, drumming, and dance experience that provides a pathway for children to experience the world of music. Utilizing multicultural activities like African and Latin: drumming, dance, singing, creative movement, games, videos, story-time, and art; children begin to connect and integrate rhythm and beats into their lives! This week-long session ends with an exciting culminating performance opportunity! Ages: Rising 3rd - 6th grade. Students bring a snack.

**Instructor: Wendy Campagna, Location: Hickory Hills Elementary, 9 a.m. - 12 p.m.(Jun. 13-Jun. 17) (Mon-Fri , 5 days)**

**Course #: SU11510B**

**Instructor: Wendy Campagna, Location: Hickory Hills Elementary, 9 a.m. - 12 p.m.(Jun. 20-Jun. 24) (Mon-Fri, 5 days)**

### **E.A.G.L.E. Jr. Golf - Summer Camp**

**COURSE #: SU11531A**

**FEE: \$ 159**

Students will learn the basic golf skills. They will also learn etiquette and life lessons such as respect, honesty, responsibility, and sportsmanship. All equipment will be provided. Register early; this popular class is limited to 20 students. Ages: Rising 1st-6 grade. Snack will be provided.

**Instructor: EAGLE Jr Golf, Location: Hickory Hills Elementary, 9 a.m. - 12 p.m.(Jun. 14-Jun. 17) (Mon – Fri, 5 days)**

**Course #:SU11531B**

**Instructor: EAGLE Jr Golf, Location: Hickory Hills Elementary, 9 a.m. - 12 p.m.(Jun. 20-Jun. 24)( Mon – Fri, 5 days)**

### **Fun with Magic - Summer Camp**

**COURSE #: SU11540A**

**FEE: \$ 125**

This magic and illusion course is designed to give the beginner and advanced beginner the opportunity to explore a variety of types of magic tricks. Over two dozen magic tricks will be taught and practiced. The camper will learn to do mentalism, close up and stage magic with money, cards, ropes, and real magic props and tricks. The fee includes a custom magic kit that the campers will assemble as the week goes on. There will be a strong emphasis on presentation, stage presence, and other aspects of showmanship. "Graduation" will include a show by the students for their parents and siblings on the last day of camp. Ages:Rising 2 – 4 grades. Students bring a snack.

**Instructor: Tammy Packard, Location: Hickory Hills Elementary,9 a.m.-1 p.m.(Jun. 14-Jun. 17) (Tue-Fri, 4 days)**

**Course #:SU11540B** Ages: Rising 5th grade and up. Students bring a snack.

**Instructor: Tammy Packard, Location: Hickory Hills Elementary, 9 a.m.-12 p.m.(Jun. 20-Jun. 24) (Mon –Fri, 5 days)**

### **Imagination Station - Summer Camp**

**COURSE #: SU11550A**

**FEE: \$ 189**

Imagination Station is a visual art camp that will offer your child art-rageous art classes. A hands' on experience that allows students to experiment with a wide range of mediums including drawing, painting, 3D construction/sculptures, clay, craft projects and more. The class is a place to create, explore, and express. Art history from the ancient to the modern is introduced and world culture is also another inspiration. We will create from our imagination! Ages: 1-5 grades. Bring a sack lunch and two snacks.

**Instructor: Kim Nasca, Location: Hickory Hills Elementary, 9 a.m. - 2 p.m.(Jun. 13-Jun. 17) (Mon – Fri, 5 days)**

**Course #:SU11550B** Ages: 1-5 grades. Bring a sack lunch and two snacks.

**Instructor: Kim Nasca, Location: Hickory Hills Elementary, 9 a.m. - 2 p.m.(Jun. 20-Jun. 24) (Mon – Fri, 5 days)**

### **Kids Are Cooks Too! - Summer Camp**

**COURSE #: SU11555A**

**FEE: \$ 125**

Starting with breakfast through dinner and ending with dessert, your child will become the chef in your house! Campers will make dishes such as lasagna, waffles, ice cream in a bag, cheese quesadillas with nachos, and much more. They will also learn kitchen safety and table etiquette. Cost of food is included. They will share their recipes with you at the end of the week with a take home cookbook. Ages: 1-3 grades.

**Instructor: Paula Schafer, Location: Hickory Hills Elementary, 9 a.m. - 12 p.m.(Jun. 13-Jun. 17) (Mon – Fri 5 days)**

**Course #: SU11555B** Ages: 4-7 grades

**Instructor: Paula Schafer, Location: Hickory Hills Elementary, 9 a.m.- 12 p.m.(Jun. 20-Jun. 24) (Mon – Fri 5 days)**

### **Tap For Kids - Summer Camp**

**COURSE #: SU11561A**

**FEE: \$ 100**

Students will learn the basic mechanics of tap - style, rhythm, and technique. Classes will include warm-up, learning new steps, rhythmic sounds, and short combinations. At the end of the session, students will learn a short piece of choreography. Parents are invited to a performance on the last day. Tap shoes required. Bring a snack. Ages: K-2 grades.

**Instructor: Donna Lipscomb, Location: Hickory Hills Elementary, 9a.m.-12p.m.(Jun. 13-Jun. 17) (Mon – Fri 5 days)**

**Course #:SU11561B** Ages: Rising 3-6 grades.

**Instructor: Donna Lipscomb, Location: Hickory Hills Elementary, 9a.m.-12 p.m.(Jun. 20-Jun. 24) (Mon– Fri 5 days)**

### **Tennis Enrichment Camp - Summer Camp**

**COURSE #: SU11595**

**FEE: \$ 160**

This clinic will teach your child overall tennis skills and strategy while focusing on fun and fundamentals. Children will play skill related games as well as competitions. Serving, volleying, overheads, lobs, ground strokes, and more will be taught and practiced. Wear tennis shoes and bring your racket and a water bottle. Ages: K-6 grades.

**Instructor: Beth Graham, Location: Laurel Park Tennis Center, 9 a.m. - 12 p.m.(Jun. 6-Jun. 10) (Mon-Fri 5 days)**

### **Twirling Fun - Summer Camp**

**COURSE #: SU11602A**

**FEE: \$ 145**

Kids will learn the basic techniques needed for twirling. This will give children an opportunity to learn a new talent that they can enjoy for many years to come! Students need to wear comfortable clothing and leather sole shoes. Cost of baton is included in the fee.

Candy Byrd, instructor, is the former coach of the 6 time National Champion UGA Majorettes, former UGA feature twirler, 7 time National Champion twirler, twirling Ambassador to France, Peru and China, halftime choreographer for 4 different college bowl games and a twirling and dance instructor for over 20 years. Bring a snack. Ages: Rising 2-4 grades.

**Instructor: Candy Byrd, Location: Hickory Hills Elementary, 9 a.m.-12 p.m.(Jun. 13-Jun. 17) (Mon-Fri 5 days)**

**Course #: SU11602B** Rising 5-8 grades. Bring a snack.

**Instructor: Candy Byrd, Location: Hickory Hills Elementary, 1-4 pm (Jun. 13-Jun. 17)( Mon-Fri 5 days)**